

FAUER, YOGEL, & CHENVEN, M.D., P.A.

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**Vasectomy
Pre-Procedure Instructions**

1. You **MUST** be driven both to and from the office to home on the day of the vasectomy.
2. Please shave the scrotal area, prior to showering, on the day of the vasectomy.
3. Eat a light meal at least 1 hour prior to your appointment time.
4. If desired, you may take a tablet of Ativan (1 or 2 mg) one hour prior to your appointment time.
5. Please wear brief-style underwear or bring a supporter on the day of your vasectomy.
6. We will provide you with two sterile specimen cups on the day of your vasectomy.